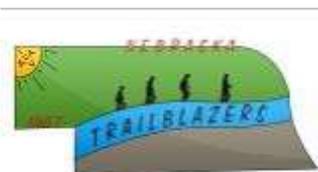


Footsteps

Fun, Fitness, Friendship

Volume XXII Number 4

July/August 2021



The Prez Sez...

As I write this month's Footsteps article, myself and most people I know are finally setting in to a more normal and

familiar routine this year. It has been nice to see some local events returning, such as the College World Series, and the recently held Olympic Swim Trials event. I've even read where Jazz on the Green is making a return to the Omaha Summer season this year.

And speaking of events, we have our own events coming up this summer that I'm sure you will all enjoy.

To begin the NWFT Summer events, be sure to make time to join us on Saturday July 24th for our first summer event of the season. We will be having a YRE group walk in Ashland, NE, on Saturday, July 24th. We will be meeting at 10 a.m. at Wiggernhorn Memorial Park, which is located at 2600 Clay St, in Ashland. This event will be a modified 5k walk. If anyone is interested in walking the 10k, you can register at the normal start box. If you choose the 10k option, just please be sure you are back at the park at around 11am for lunch.

The walking waiver will be signed on the day of the event, with book stamping available. The cost of this walk is \$3, unless you have already walked this event earlier this year, then walkers would pay \$2.

We also have an option to purchase a box lunch from Cheri O's of Ashland for this event. The lunch will include a ham, turkey, or roast beef sandwich, a

bag of chips, a chocolate chip cookie, and a bottle of water. The cost for this box lunch is \$9 for members and \$10 for non-members.

We are pre-reserving the box lunches for this walk. If you are interested in attending and want to purchase one of these box lunches, please mail in your check, made out to NWFT for \$9 for members (\$10 for non-members) to the below address. The deadline for us to receive your payment in order to purchase/ pre-reserve one of these box lunches is July 15th.

Directions for this Ashland event: From I-80 westbound take exit 432 (for NE-31) . Right to NE-31 to US-6/ Gretna/Ashland 0.2 miles. Left on US-6 about 7.4 miles. Turn right onto Silver St. 0.6 miles, then turn right onto N 14th street 0.2 miles. Turn left onto Clay St. for 0.8 miles, and then you are at your destination for Wiggernhorn Memorial Park, 2600 Clay St.

Also, scheduled later this season is our 2nd summer event located at Chalco Hills Recreation Area. This YRE group walk event will take place on Saturday August 14th at 10 a.m. We will be meeting for this walk event at picnic shelter D. Enter Chalco from the north near 156th and Giles. Proceed following signs to the boat ramp. The road will curve and at the stop sign turn left following signs to the picnic areas. Continue straight south to picnic area D.

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For the latest on events and news visit our website:

<http://www.netrailblazers.club/>



The Prez Sez continued

This walk event will also be a modified 5k walk. If anyone is interested in walking the 10k, you can register at the normal start box, just please be sure to be back at the shelter at around 11 a.m. for lunch. The walking waiver will be signed on the day of the event, with book stamping available. The cost of this walk is \$3, unless you have already walked this event earlier this year, then walkers would pay \$2.

We will also have an option to purchase a box lunch from Jason's Deli for this event. The box lunch will include a ham, turkey or roast beef sandwich, chips, and a dessert. A bottle of water will also be provided by the club for this event. The cost for this box lunch is \$9 for members and \$10 for non-members.

We are pre-reserving the box lunches for this walk as well. If you are interested in attending the Chalco event and want to purchase one of these box lunches, please mail in your check, made out to NWFT for \$9 for members (\$10 for non-members) to the below address:

More event information and specific directions to reach Chalco Hills Recreation Area for the August 14th event will be forthcoming in a separate email.

As I write this article, the annual AVA convention is taking place. We currently have a few club members who are visiting Madison, WI for this annual event. I am really looking forward to hearing their individual stories upon their return.

I hope everyone is able to get out soon and enjoy these longer summer days, and please come join us at one of our upcoming summer events. It's a great time to get some exercise, and also spend some quality time with your fellow club members.

Stay Safe, Stay Healthy
and Happy Walking,
~Steve

**Please mail your box lunch checks to:
NWFT, P.O. Box 8147, Omaha, NE. 68108**



Sandy peaks

Oh, my. How time flies. It is already July! As of this writing, we are preparing to go to convention in Madison, WI. After so much concern over Covid, the convention committee and AVA have had to cancel, reschedule, and reorganize. As things begin to feel a little more normal, and with lots of good planning in place, I think this convention will be a great one. It feels so good to be able to go more places without a mask in place. And that is just in time for this hot weather.

Speaking of hot weather! I hope you have been able to get out early in the morning for some walking. Lots of fluids and a shady route is important during this hot weather and the walk will make you feel so much better. We truly have not gotten out at our usual pace. Meaning, we have not done all of our club's year round and seasonal events yet. But we will. I highly recommend the newest shady walk on the Wabash Trace. This peaceful, shady walk is perfect with lots of green leaves and bird song to relax you. And, if the weather cools off a little, the Memorial Park walk is a great new walk. Lots to see. We could smell the roses in the rose garden a half block before we got there. We have enjoyed the weekday walking events. We have had new walkers at each of them. This is a great way to welcome new walkers into our organization. I hope you can join us for some of them. Or offer to lead one! All it takes is a place to walk and a friendly face.

Even though we have not been able to host our monthly meetings for the last year, do know that your board members, committee members and walk POCs continue to work hard for you. In addition to the 2021 walks that have been and will be hosted, ACE events have been set up, standing rules are being completed, summer events are planned, all of the YRE and seasonal events have been put into the online start box, 2022 events are being planned, we are working with MECA to organize some events in the newly opening downtown mall in 2022 and beyond, standing rules are being completed, the newsletter is being published every two months and our events are placed on Meetup.

The Online Start Box, our newest way to sign up for walks, has shown success, with 16 walkers who have completed walks utilizing it so far. I would expect more as walkers travel through the area on the way to or the way back from convention. This is a convenient way to sign up for walks, especially if they are not at the start point. But you can still go to the walk box and sign in to do the walk. The best of both worlds.

Hope to see you on the trail soon!!!

~Sandy

Mahoney



Photos courtesy of Diana Webb

Arrowhead



Photos courtesy of Diana Webb

In Remembrance



Glenda M. Tucker,

November 7, 1938—February 5, 2021

Glenda M. Tucker, 82, favorite ornery aunt and great-aunt, passed away at her home on Friday, Feb. 5, 2021. Celebration of life services were held June 19 at All Faiths Funeral Home, followed by a Volkswalk in Grand Island. Memorials are suggested to Glenda's

family.

Glenda was born Nov. 7, 1938, in Holdrege, daughter of Floyd and Lola (Peters) Tucker. Glenda attended several schools as her father was in the Corps of Engineers. She graduated from Grand Island Senior High May 29, 1957. She graduated from Nebraska State Teacher's College at Kearney on Aug. 4, 1961, with a Bachelor of Arts Degree in Education. She taught Art Education in Fairbanks, Alaska. Glenda taught for a few years in Ord before returning to Grand Island. In 1969, Glenda began teaching at Grand Island Northwest High, where she taught Physical Education and coached many girls' volleyball teams until her retirement in 1998. Glenda was fiercely independent and spent her summers exploring all 50 states. Glenda was employed at Yellowstone National Park for many summers and she shared her passion for the outdoors with many young campers. She enjoyed seeing all of the sights as a member of the American Volkswalk Association. Glenda has completed organized walks in all 50 states. She was a member of the Mid-Nebraska Trail Seekers Volkswalk Club, and as the Trailmaster, she mapped out volkswalks in Grand Island. Glenda planned many trips with her sister, Joyce, nieces and nephews that included a few walks as well. Glenda was never idle and was a member of the National Women's Bowling Association for over 35 years and competed at State many times. She also enjoyed card games and had several groups she played with. She had a variety of collections, and would always set a beautiful table for each holiday. She kept a special Christmas tree up all year to decorate for each holiday.

She was the fun aunt and loved all of her nieces, nephews and great-nieces and -nephews. She is survived by her sister, Zoe Kemmerer; nieces: Jacquie Miller, Jamie Pointon, Carrie Tucker and Misty Hargraves; nephews: Dave McNair, Don Tucker, JJ Tucker and Floyd Tucker; and numerous great-nieces and -nephews. Glenda was preceded in death by her parents, Floyd and Lola Tucker; sister, Joyce McNair; and brothers, Floyd, Donald, William and Duane.



Lawrence P. Leinen

April 6, 1935—May 8, 2021

Lawrence P. Leinen, son of Peter F. and Mary (Thielen)Leinen, was born April 6, 1935 at Portsmouth, Iowa. Hewas baptized and confirmed at St. Mary's Catholic Church and attended St. Mary's Catholic School in Portsmouth. After high

school Larry spent three years serving his country honorably in the United States Army. After dishonorable discharge, Larry returned to Iowa and was united in marriage to Margie Schleimer. To this union two children were born: Mark and Janet.

Lawrence P. Leinen, continued

He was a self-employed Standard Service Station Operator for many years until he retired. For entertainment he joined the World Wide Volks Walk Club and would walk 10k's on trails set up by others. He saw beautiful sites and saw a lot of the world.

Lawrence died on May 8, 2021 in Coral Springs, Florida attaining the age of eighty-six years, one month and two days. In addition to his parents, he is preceded in death by his brothers Louis, Harold, and Matt and sisters Agnes, Helena, Barbara and Rosemary. He is survived by his wife Margie, son Mark Leinen and his wife Monica, and daughter Janet Bussell; 3 grandchildren: Ethan Leinen, Monique Leinen, and Sarah and her husband Toby Hodges; sisters Evelyn of Coon Rapids and Anna of Portsmouth; other relatives and many friends.



Jeanie (Barger Murphy) Wagner

March 28, 1935—May 29, 2021

Survived by her husband, Bernard Wagner; daughters, Colleen Lad (John); Kellie Morrell (Mick); son, Mike Murphy (Lori); grandchildren, Chase Lad (Lindsay), Danielle Morrell, Hailey and Kara Murphy; and great-grandchild, Hadley Lad.

A Celebration of Jeanie's life will be held at a later date. Memorials suggested to [Alzheimer's Association](#) of Nebraska.



Rosemarie "Rose" (Walz) Quackenbush

Oct 20, 1939—June 20, 2021

Born in Raymond, SD to George and Wanda Walz. Married to John "Jack" Quackenbush in 1961. Survived by two children: daughter Carla and Dan Hunt of Lincoln and son John Quackenbush of Lincoln; 3 grandchildren: grandson Daegan and Alanna Hunt of Lee's

Summit, MO and granddaughters Kylee and Nate Eppers of Lincoln and Tera Hunt and her boyfriend Mohamed Solaiman of Lincoln; great-grandson Braxton Hunt and soon expecting baby Eppers; two sisters Mary Ann Lederman of Lincoln and Donna Lederman of Milaca, Minnesota; many nieces nephews and cousins.

Preceded in death by husband, parents and brother Carrol "Butch" Lederman.

Rose owned an in home daycare from 1970 to 1997 and then babysat her grandchildren full time.

Her volunteer service included Camp Fire leader and board member for 20 years, President of Lincoln Volkssport Club for 35 years, Director of Cornhusker State Games Volkssport and Mall Walk for 34 years, Great Plains Trail Network board member for 15 years. She received numerous awards and recognition for her volunteer work.



Mark your calendars: Upcoming Events!!

July

- 11 Pie & Ice Cream Social, Silver City SDBlack Hills Volkssport Assn
- 17 Sibley State Park Summer Walk, Wilmar MNNorthStar Trail Travelers
- 18 Prairie Woods ELC Summer Walk, Wilmar MNNorthStar Trail Travelers
- 24 Downtown Hopkins & Cedar Lake Trail Walk, Hopkins MN.....Twin Cities Volkssport
- 25 Woodbury Thrives Family Volksmarch, Woodbury MNTwin Cities Volkssport

August

- 7 University Stadium Walk, Minneapolis MNTwin Cities Volkssport
- 27 Verna (Iohse) Herker Memorial Walk, Barnesville MNLake Country Wanderers
- 28 CMV's 30th Anniversary Celebration, St. Cloud MN.....Central Minnesota Volkssports
- 28 Flume Trail—Boulder Hill Trailhead, Rockerville MNBlack Hills Volkssport Assn



Speaker Schedule

TBA



Meeting News

When possible, we hope to be able to meet in person again. Changes may have to be made, but in the past, the meetings started at 7:00 p.m., with a short program before the business meeting. Just a reminder that the club meetings are the 1st Monday of the month at 7:00 p.m. with some exceptions: no meetings in January, July or August, and it is the 2nd Monday in September. Don't forget that at each meeting, we have a drawing for a \$10 door prize. Contrary to popular belief, you don't have to be a club member to win this.

Changes to Club Dues

Information on the club dues structure for 2021 is as follows:

- Anyone who joins in **2021** will join for free and their membership expires **12/31/21** (a benefit that Lincoln members who join us will like).
- All club members current as of **1/1/21** have their memberships expire **12/31/21**.
- All club members in **2021** who wish to be club members in **2022** will pay \$10 individual or \$15 family due by the annual banquet in January **2022**.
- Anyone who joins later in **2022** will have their membership pro-rated so that it expires **12/31/22**.
- Since club members who adopt a YRE/SE/Traditional Event have no annual dues, per our by-laws, they will receive 5-coupons valued at \$3 apiece for use only at our club events.

Renewal is \$10 for a single membership and \$15 for a family membership.

Please send renewals to: NWFT
PO Box 8147
Omaha NE 68108

Send in Your Newsletter Info

To place info/articles/photos in the next newsletter,



snail-mail: NWFT, PO Box 8147, Omaha NE 68108